

St. Nicholas' Parish News

Web Edition
Sunday 31st May 2020
Pentecost Sunday

www.saintnicholasparish.ie
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PARISH NEWSLETTER We encourage local groups to avail of the newsletter to promote upcoming events, pray for the sick etc. We also welcome local **GOOD NEWS** stories or messages you want to share. Items for the newsletter can be given to Maura 086 0429952 or Grace 086 8296193 E-mail: Stnicholasnewsletter@gmail.com

Every Sunday Holy Mass Online

Sunday 10:30 am Facebook:
[@saintnicholasparish](https://www.facebook.com/saintnicholasparish)

CEREMONY OF LIGHT

Families of Confirmation children are invited to participate in a Ceremony of Light during Masses broadcast online on Pentecost Sunday, 31st of May.

Light a candle at home and join in online at St. Nicholas at 10:30 this Pentecost Sunday



How to make an Act of Spiritual Communion

- 1 Make the Sign of the Cross provided by STARTUP CATHOLIC | SC
- 2 If possible, read the Mass Readings uscgb.org/readings
- 3 Recite the Prayer of Spiritual Communion



ST. ALFONSO M. DE LIGORIO

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen

PENTECOST

COME, HOLY SPIRIT!
fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

LET US PRAY

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

Useful Contacts/Numbers

- ◆ COVID-19 Support Line for Older People—ALONE - 0818 222 024.
- ◆ Community Call—Limerick City and County Council Tel 1800 852 389 E-mail covidsupport@limerick.ie
- ◆ Garveys Supervalu, Corbally—for Over 70s— 083 120 3890 Email: supervalucorballydeliveries@gmail.com

For a complete list of online Masses please see <https://www.limerickdiocese.org/news/masses-available-online-and-on-the-radio-in-the-diocese-of-limerick/>

ALSO

- www.redemptoristslimerick.ie/webcam
- RTÉ will air Mass every weekday at 10.30am on RTÉ News Now.
- RTÉ News Now can be accessed on Saorview (channel 21), Sky, (521), Virgin Media (200), Eir (517) as well as via the RTÉ Player, the RTÉ News Now app and via RTE.ie/news



Remembering those who are Sick

Let us continue to pray for those who are ill at this time, those preparing for and awaiting results of tests, those in hospital. Continue to pray for Maurice, Ailish R, Pat, Annette, Aidan, Gabriel, Jim, Kathleen, Garrett, Helen, Philip, Tony, John, Brian, Muirinn, Ken, Orla, Ciara, Paddy, Michael, Vera, Ailish, Frank, Ger, Bernadette, Fiona, Niamh, Jesse, Eoin, Mary, Young Michael, William, Méabh, Anna and Amy.

Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

If you know of anybody needing prayers etc, please let Maura/Grace know by E-mail: stnicholasnewsletter@gmail.com or Tel. Maura 086 0429952 / Grace 086 8296193



PARISH OFFICE OPPEDED AGAIN

Parish Office Opening hours. Tues 2pm—4pm. Thurs 9.30am—1.30pm for church related enquiries. Entrance to the office is through the Adoration Chapel opposite the priest's house. Phone: 061-341300

YOUR TRÓCAIRE BOX CAN MAKE A BIG DIFFERENCE

MORE THAN EVER, THE WORLD'S MOST VULNERABLE NEED YOUR HELP

MAKE IT COUNT DONATE NOW

1850 408 408 (ROI)
0800 912 1200 (NI)

www.trocaire.org

Trócaire, Freepost, Maynooth, Co. Kildare
Trócaire, 50 King Street, Belfast, BT1 6AD

Or check with your local parish for the safest way to return it.

trócaire

People are invited to return their Trócaire Lenten donations. Boxes can be returned to the parish office (opening times above or to St. Marys office, Monday, Wednesday or Friday). Alternatively donations can be made online, by telephone or by post. Thank you for kindness which is very much appreciated.

A few words for all those who would have been starting exams next week. To those who have had graduations already in some way e.g. online, and to those who look forward to their re-arranged graduations at some time in the future. You have been through a tough unprecedented experience but it is one which will make you stronger in your future lives.

A GRADUATION BLESSING

by Barbara D. MacAdam

Embarking on a journey which began some time ago, how could you have imagined all the things you'd come to know.

You learned to use each challenge as an opportunity, to overcome each problem—despite adversity.

It wasn't always easy keeping up with friends at school, but YOU held on to your beliefs, and followed "the golden rule."

You found your voice & chose a path that honours who you are. And that, I think, may be your greatest lesson learned thus far.

For no one could be prouder of the person you've become, and that is why I'm confident that the best is yet to come.

May you never waste a moment wishing life was not unfair. Rather use the gifts God gave to you, to change the world out there.

Your Graduation signals us that you are on your way. So spread your wings and fly my dear, forever and a day!

